Prova 1 | Femin., 400m Estilos | Absoluto
15-11-2025 - 9:30 | Resultados

Pontos: AQUA 2025

Lugar		Ano		Tempo final	Pts

Infantis B

1.	Lara Gil, DAMASCENO	13	Clube Desportivo Escolar de Ag	**6:01.54**	352

50m:	40.48	40.48	150m:	2:15.58	48.51	250m:	3:51.54	49.38	350m:	5:21.81	41.14
100m:	1:27.07	46.59	200m:	3:02.16	46.58	300m:	4:40.67	49.13	400m:	6:01.54	39.73

2.	Matilde Almeida, PONTE	13	Clube Desportivo Escolar de Ag	**6:33.30**	274

50m:	44.95	44.95	150m:	2:32.40	50.73	250m:	4:14.32	52.44	350m:	5:52.37	42.24
100m:	1:41.67	56.72	200m:	3:21.88	49.48	300m:	5:10.13	55.81	400m:	6:33.30	40.93

3.	Emilia Cabral, ARAUJO	13	Clube Desportivo Escolar de Ag	**6:38.02**	264

50m:	43.62	43.62	150m:	2:25.77	48.82	250m:	4:08.05	56.34	350m:	5:55.45	48.79
100m:	1:36.95	53.33	200m:	3:11.71	45.94	300m:	5:06.66	58.61	400m:	6:38.02	42.57

4.	Maria Costa, COUTO	13	Clube Desportivo Escolar de Ag	**6:51.90**	238

50m:	47.59	47.59	150m:	2:30.36	47.83	250m:	4:18.26	59.62	350m:	6:06.38	46.84
100m:	1:42.53	54.94	200m:	3:18.64	48.28	300m:	5:19.54	1:01.28	400m:	6:51.90	45.52

5.	Mafalda Cardoso, SARAIVA	13	Clube Desportivo Escolar de Ag	**6:57.24**	229

50m:	43.93	43.93	150m:	2:31.92	53.95	250m:	4:21.44	59.39	350m:	6:11.36	50.03
100m:	1:37.97	54.04	200m:	3:22.05	50.13	300m:	5:21.33	59.89	400m:	6:57.24	45.88

Juvenis A

1.	Leonor Melo, PACHECO	10	Clube Naval de Ponta Delgada	**6:16.16**	313

50m:	40.29	40.29	150m:	2:19.74	50.63	250m:	3:58.94	50.17	350m:	5:34.22	44.51
100m:	1:29.11	48.82	200m:	3:08.77	49.03	300m:	4:49.71	50.77	400m:	6:16.16	41.94

2.	Julia Medeiros, REGO	10	Clube Desportivo Escolar de Ag	**6:41.66**	257

50m:	40.08	40.08	150m:	2:26.22	50.89	250m:	4:11.06	54.46	350m:	5:55.67	48.87
100m:	1:35.33	55.25	200m:	3:16.60	50.38	300m:	5:06.80	55.74	400m:	6:41.66	45.99

Infantis A

1.	Maria Francisca, SILVA	12	Bombeiros de Ponta Delgada	**6:13.32**	320

50m:	37.30	37.30	150m:	2:09.84	46.94	250m:	3:48.61	53.09	350m:	5:31.07	45.02
100m:	1:22.90	45.60	200m:	2:55.52	45.68	300m:	4:46.05	57.44	400m:	6:13.32	42.25

2.	Beatriz Mare, GARCIA	12	Clube Naval de Ponta Delgada	**6:57.46**	229

50m:	48.77	48.77	150m:	2:43.65	55.87	250m:	4:32.77	53.96	350m:	6:14.96	45.47
100m:	1:47.78	59.01	200m:	3:38.81	55.16	300m:	5:29.49	56.72	400m:	6:57.46	42.50

3.	Rita Quadros, SOUSA	12	Bombeiros de Ponta Delgada	**7:07.63**	213

50m:	46.22	46.22	150m:	2:35.57	53.35	250m:	4:32.45	1:06.35	350m:	6:23.29	45.84
100m:	1:42.22	56.00	200m:	3:26.10	50.53	300m:	5:37.45	1:05.00	400m:	7:07.63	44.34

4.	Sara Maria, SOUSA	12	Clube Naval de Ponta Delgada	**7:36.43**	175

50m:	54.38	54.38	150m:	2:53.01	56.11	250m:	4:54.90	1:05.86	350m:	6:51.96	52.71
100m:	1:56.90	1:02.52	200m:	3:49.04	56.03	300m:	5:59.25	1:04.35	400m:	7:36.43	44.47

DSQ	Sofia Luz, FONSECA	12	Bombeiros de Ponta Delgada	**7:44.01**	

No estilo de bruços a atleta não efetuou a recuperação da braçada de acordo com a regra.

50m:	54.64	54.64	150m:	2:56.57	59.92	250m:	4:55.83	1:00.97	350m:	6:53.75	53.88
100m:	1:56.65	1:02.01	200m:	3:54.86	58.29	300m:	5:59.87	1:04.04	400m:	7:44.01	50.26

Prova 1, Femin., 400m Estilos

Juvenis B

1.	Mariana Ferreira, RICO			11	Clube Naval de Ponta Delgada							**6:50.07**	241
	50m:	48.27	48.27	150m:	2:35.81	50.57	250m:	4:21.08	56.56	350m:	6:06.97		47.59
	100m:	1:45.24	56.97	200m:	3:24.52	48.71	300m:	5:19.38	58.30	400m:	6:50.07		43.10
2.	Filipa Pinheiro, AZEVEDO			11	Clube Naval de Ponta Delgada							**7:00.27**	224
	50m:	50.63	50.63	150m:	2:36.25	54.80	250m:	4:30.69	59.28	350m:	6:16.48		45.78
	100m:	1:41.45	50.82	200m:	3:31.41	55.16	300m:	5:30.70	1:00.01	400m:	7:00.27		43.79

Juniores

1.	Margarida Carreiro, SOUSA			08	Clube Desportivo Escolar de Ag							**6:01.80**	352
	50m:	37.46	37.46	150m:	2:12.72	50.95	250m:	3:53.20	53.71	350m:	5:25.04		39.41
	100m:	1:21.77	44.31	200m:	2:59.49	46.77	300m:	4:45.63	52.43	400m:	6:01.80		36.76
2.	Ines Sofia, RUSSO			09	Clube Naval de Ponta Delgada							**6:03.70**	346
	50m:	37.98	37.98	150m:	2:15.25	49.23	250m:	3:50.36	48.68	350m:	5:24.55		43.41
	100m:	1:26.02	48.04	200m:	3:01.68	46.43	300m:	4:41.14	50.78	400m:	6:03.70		39.15
3.	Maria Clara, PINTO			09	Clube Naval de Ponta Delgada							**6:14.68**	317
	50m:	39.13	39.13	150m:	2:12.69	46.17	250m:	3:52.48	54.75	350m:	5:33.99		44.39
	100m:	1:26.52	47.39	200m:	2:57.73	45.04	300m:	4:49.60	57.12	400m:	6:14.68		40.69
4.	Madalena Cardoso, SARAIVA			09	Clube Desportivo Escolar de Ag							**6:26.43**	288
	50m:	42.25	42.25	150m:	2:23.10	50.37	250m:	4:09.24	57.72	350m:	5:47.27		40.56
	100m:	1:32.73	50.48	200m:	3:11.52	48.42	300m:	5:06.71	57.47	400m:	6:26.43		39.16

Seniores

1.	Margaret Veronica, JARA			95	Clube Desportivo Escolar de Ag							**5:48.95**	392
	50m:	35.06	35.06	150m:	2:01.72	45.99	250m:	3:37.93	52.49	350m:	5:10.56		40.68
	100m:	1:15.73	40.67	200m:	2:45.44	43.72	300m:	4:29.88	51.95	400m:	5:48.95		38.39
2.	Catarina Baptista, MELO			07	Clube Naval de Ponta Delgada							**6:11.21**	325
	50m:	37.38	37.38	150m:	2:13.54	47.29	250m:	3:51.75	51.82	350m:	5:29.00		43.08
	100m:	1:26.25	48.87	200m:	2:59.93	46.39	300m:	4:45.92	54.17	400m:	6:11.21		42.21

Prova 2 — Masc., 1500m Livres — Absoluto

15-11-2025 - 10:00 — Resultados

Pontos: AQUA 2025

Lugar				Ano							Tempo final	Pts
Infantis B												
1.	Tomas Santos, PACHECO			13	Clube Desportivo Escolar de Ag						**23:31.88**	215
	100m:	1:27.94	1:27.94	500m:	7:37.48	1:34.59	900m:	13:58.43	1:36.91	1300m:	20:28.49	1:35.80
	200m:	2:58.78	1:30.84	600m:	9:11.66	1:34.18	1000m:	15:35.96	1:37.53	1400m:	22:03.09	1:34.60
	300m:	4:31.82	1:33.04	700m:	10:44.40	1:32.74	1100m:	17:14.41	1:38.45	1500m:	23:31.88	1:28.79
	400m:	6:02.89	1:31.07	800m:	12:21.52	1:37.12	1200m:	18:52.69	1:38.28			
2.	Ivo Pacheco, LOPES			13	Bombeiros de Ponta Delgada						**23:58.68**	203
	100m:	1:29.18	1:29.18	500m:	7:49.31	1:35.94	900m:	14:14.24	1:36.44	1300m:	20:45.31	1:38.35
	200m:	3:04.21	1:35.03	600m:	9:24.95	1:35.64	1000m:	15:50.87	1:36.63	1400m:	22:23.67	1:38.36
	300m:	4:38.71	1:34.50	700m:	11:02.97	1:38.02	1100m:	17:29.09	1:38.22	1500m:	23:58.68	1:35.01
	400m:	6:13.37	1:34.66	800m:	12:37.80	1:34.83	1200m:	19:06.96	1:37.87			
3.	Vicente Medeiros, CARDOSO			13	Bombeiros de Ponta Delgada						**25:19.96**	172
	100m:	1:31.46	1:31.46	500m:	8:15.17	1:40.84	900m:	15:08.55	1:44.81	1300m:	22:09.81	1:45.44
	200m:	3:10.37	1:38.91	600m:	9:54.86	1:39.69	1000m:	16:52.73	1:44.18	1400m:	23:49.97	1:40.16
	300m:	4:51.22	1:40.85	700m:	11:38.96	1:44.10	1100m:	18:38.00	1:45.27	1500m:	25:19.96	1:29.99
	400m:	6:34.33	1:43.11	800m:	13:23.74	1:44.78	1200m:	20:24.37	1:46.37			

Prova 2, Masc., 1500m Livres

Infantis A

1. Francisco Leite, CARREIRO 12 Bombeiros de Ponta Delgada **21:12.18** 294

100m:	1:20.48	1:20.48	500m:	7:03.27	1:26.83	900m:	12:42.46	1:22.92	1300m:	18:26.81	1:25.98
200m:	2:44.58	1:24.10	600m:	8:29.86	1:26.59	1000m:	14:07.40	1:24.94	1400m:	19:51.17	1:24.36
300m:	4:09.90	1:25.32	700m:	9:55.41	1:25.55	1100m:	15:33.01	1:25.61	1500m:	21:12.18	1:21.01
400m:	5:36.44	1:26.54	800m:	11:19.54	1:24.13	1200m:	17:00.83	1:27.82			

2. Joao Luz, FONSECA 12 Bombeiros de Ponta Delgada **21:24.34** 286

100m:	1:19.55	1:19.55	500m:	6:56.62	1:25.83	900m:	12:45.07	1:27.28	1300m:	18:32.87	1:27.36
200m:	2:42.52	1:22.97	600m:	8:23.46	1:26.84	1000m:	14:11.22	1:26.15	1400m:	19:58.97	1:26.10
300m:	4:06.16	1:23.64	700m:	9:50.32	1:26.86	1100m:	15:38.75	1:27.53	1500m:	21:24.34	1:25.37
400m:	5:30.79	1:24.63	800m:	11:17.79	1:27.47	1200m:	17:05.51	1:26.76			

3. Miguel Ganhao, MOTA 12 Bombeiros de Ponta Delgada **21:37.36** 278

100m:	1:19.82	1:19.82	500m:	7:02.90	1:26.88	900m:	12:53.58	1:27.90	1300m:	18:45.26	1:27.81
200m:	2:44.09	1:24.27	600m:	8:30.10	1:27.20	1000m:	14:21.99	1:28.41	1400m:	20:12.69	1:27.43
300m:	4:09.53	1:25.44	700m:	9:57.69	1:27.59	1100m:	15:49.78	1:27.79	1500m:	21:37.36	1:24.67
400m:	5:36.02	1:26.49	800m:	11:25.68	1:27.99	1200m:	17:17.45	1:27.67			

4. Miguel Sousa, CABRAL 12 Clube Naval de Ponta Delgada **22:44.05** 239

100m:	1:27.31	1:27.31	500m:	7:35.89	1:32.29	900m:	13:46.78	1:32.85	1300m:	19:50.73	1:28.29
200m:	2:58.75	1:31.44	600m:	9:08.51	1:32.62	1000m:	15:20.21	1:33.43	1400m:	21:19.71	1:28.98
300m:	4:32.22	1:33.47	700m:	10:40.46	1:31.95	1100m:	16:52.58	1:32.37	1500m:	22:44.05	1:24.34
400m:	6:03.60	1:31.38	800m:	12:13.93	1:33.47	1200m:	18:22.44	1:29.86			

5. Julio Filipe, CABRAL 12 Bombeiros de Ponta Delgada **23:19.83** 221

100m:	1:26.34	1:26.34	500m:	7:35.01	1:32.32	900m:	13:54.86	1:36.44	1300m:	20:22.02	1:35.75
200m:	2:57.73	1:31.39	600m:	9:08.57	1:33.56	1000m:	15:32.02	1:37.16	1400m:	21:53.31	1:31.29
300m:	4:30.47	1:32.74	700m:	10:41.92	1:33.35	1100m:	17:08.80	1:36.78	1500m:	23:19.83	1:26.52
400m:	6:02.69	1:32.22	800m:	12:18.42	1:36.50	1200m:	18:46.27	1:37.47			

6. Diogo Giesta, RAPOSO 12 Bombeiros de Ponta Delgada **24:05.48** 201

100m:	1:28.47	1:28.47	500m:	7:51.61	1:37.31	900m:	14:22.33	1:38.40	1300m:	20:59.43	1:39.51
200m:	3:01.68	1:33.21	600m:	9:28.64	1:37.03	1000m:	16:01.85	1:39.52	1400m:	22:35.99	1:36.56
300m:	4:38.41	1:36.73	700m:	11:05.60	1:36.96	1100m:	17:41.78	1:39.93	1500m:	24:05.48	1:29.49
400m:	6:14.30	1:35.89	800m:	12:43.93	1:38.33	1200m:	19:19.92	1:38.14			

Juvenis B

1. Afonso Vultao, MIRANDA 11 Bombeiros de Ponta Delgada **18:52.93** 417

100m:	1:13.24	1:13.24	500m:	6:22.56	1:17.81	900m:	11:27.12	1:15.69	1300m:	16:26.74	1:14.76
200m:	2:29.60	1:16.36	600m:	7:38.87	1:16.31	1000m:	12:42.13	1:15.01	1400m:	17:41.16	1:14.42
300m:	3:47.73	1:18.13	700m:	8:55.74	1:16.87	1100m:	13:56.66	1:14.53	1500m:	18:52.93	1:11.77
400m:	5:04.75	1:17.02	800m:	10:11.43	1:15.69	1200m:	15:11.98	1:15.32			

2. Afonso Cordeiro, VIVEIROS 11 Bombeiros de Ponta Delgada **20:03.68** 348

100m:	1:16.93	1:16.93	500m:	6:39.87	1:21.13	900m:	12:04.47	1:20.85	1300m:	17:25.49	1:19.12
200m:	2:37.02	1:20.09	600m:	8:01.70	1:21.83	1000m:	13:25.91	1:21.44	1400m:	18:45.47	1:19.98
300m:	3:57.82	1:20.80	700m:	9:22.63	1:20.93	1100m:	14:46.38	1:20.47	1500m:	20:03.68	1:18.21
400m:	5:18.74	1:20.92	800m:	10:43.62	1:20.99	1200m:	16:06.37	1:19.99			

3. Pedro Maria, PIRES 11 Bombeiros de Ponta Delgada **20:05.08** 347

100m:	1:17.09	1:17.09	500m:	6:39.88	1:21.83	900m:	12:04.61	1:21.19	1300m:	17:27.61	1:20.41
200m:	2:37.08	1:19.99	600m:	8:01.64	1:21.76	1000m:	13:25.96	1:21.35	1400m:	18:47.52	1:19.91
300m:	3:57.33	1:20.25	700m:	9:22.61	1:20.97	1100m:	14:46.81	1:20.85	1500m:	20:05.08	1:17.56
400m:	5:18.05	1:20.72	800m:	10:43.42	1:20.81	1200m:	16:07.20	1:20.39			

4. Samuel Borba, TEIXEIRA 11 Bombeiros de Ponta Delgada **20:13.35** 340

100m:	1:16.13	1:16.13	500m:	6:42.58	1:21.46	900m:	12:06.72	1:20.44	1300m:	17:33.39	1:21.85
200m:	2:37.69	1:21.56	600m:	8:03.78	1:21.20	1000m:	13:28.05	1:21.33	1400m:	18:54.82	1:21.43
300m:	3:59.28	1:21.59	700m:	9:25.18	1:21.40	1100m:	14:49.81	1:21.76	1500m:	20:13.35	1:18.53
400m:	5:21.12	1:21.84	800m:	10:46.28	1:21.10	1200m:	16:11.54	1:21.73			

Prova 2, Masc., 1500m Livres, Juvenis B

Lugar		Ano		Tempo final	Pts
5.	Ivo Lopes, MONTEIRO	11	Clube Naval de Ponta Delgada	**21:14.08**	293

100m:	1:18.04	1:18.04	500m:	6:55.91	1:25.52	900m:	12:38.53	1:25.27	1300m:	18:22.51	1:26.10
200m:	2:41.26	1:23.22	600m:	8:21.98	1:26.07	1000m:	14:04.86	1:26.33	1400m:	19:47.50	1:24.99
300m:	4:05.20	1:23.94	700m:	9:47.54	1:25.56	1100m:	15:30.78	1:25.92	1500m:	21:14.08	1:26.58
400m:	5:30.39	1:25.19	800m:	11:13.26	1:25.72	1200m:	16:56.41	1:25.63			

6.	Filipe Furtado, CABRAL	11	Clube Desportivo Escolar de Ag	**22:30.64**	246

100m:	1:27.40	1:27.40	500m:	7:31.09	1:28.18	900m:	13:31.50	1:30.60	1300m:	19:36.45	1:29.72
200m:	3:00.20	1:32.80	600m:	9:00.13	1:29.04	1000m:	15:02.56	1:31.06	1400m:	21:07.29	1:30.84
300m:	4:32.23	1:32.03	700m:	10:30.88	1:30.75	1100m:	16:35.28	1:32.72	1500m:	22:30.64	1:23.35
400m:	6:02.91	1:30.68	800m:	12:00.90	1:30.02	1200m:	18:06.73	1:31.45			

7.	Gustavo Caetano, MEDEIROS	11	Clube Naval de Ponta Delgada	**23:30.99**	216

100m:	1:24.49	1:24.49	500m:	7:38.50	1:35.44	900m:	14:03.42	1:36.54	1300m:	20:31.15	1:34.82
200m:	2:56.06	1:31.57	600m:	9:15.03	1:36.53	1000m:	15:41.42	1:38.00	1400m:	22:01.71	1:30.56
300m:	4:30.25	1:34.19	700m:	10:51.22	1:36.19	1100m:	17:20.04	1:38.62	1500m:	23:30.99	1:29.28
400m:	6:03.06	1:32.81	800m:	12:26.88	1:35.66	1200m:	18:56.33	1:36.29			

Juvenis A

1.	Santiago Nicolau, CABRAL	10	Clube Desportivo Escolar de Ag	**18:39.36**	433

100m:	1:09.67	1:09.67	500m:	6:07.79	1:14.93	900m:	11:09.41	1:16.68	1300m:	16:11.04	1:15.33
200m:	2:23.80	1:14.13	600m:	7:22.48	1:14.69	1000m:	12:24.86	1:15.45	1400m:	17:25.78	1:14.74
300m:	3:38.50	1:14.70	700m:	8:37.69	1:15.21	1100m:	13:40.65	1:15.79	1500m:	18:39.36	1:13.58
400m:	4:52.86	1:14.36	800m:	9:52.73	1:15.04	1200m:	14:55.71	1:15.06			

2.	Francisco Costa, FERREIRA	10	Clube Naval de Ponta Delgada	**19:32.76**	376

100m:	1:14.64	1:14.64	500m:	6:31.73	1:19.13	900m:	11:46.75	1:18.70	1300m:	17:01.48	1:19.15
200m:	2:33.47	1:18.83	600m:	7:51.18	1:19.45	1000m:	13:05.59	1:18.84	1400m:	18:19.61	1:18.13
300m:	3:53.22	1:19.75	700m:	9:09.72	1:18.54	1100m:	14:24.20	1:18.61	1500m:	19:32.76	1:13.15
400m:	5:12.60	1:19.38	800m:	10:28.05	1:18.33	1200m:	15:42.33	1:18.13			

Juniores

1.	Jorge Mare, MEDEIROS	08	Clube Naval de Ponta Delgada	**18:44.28**	427

100m:	1:09.80	1:09.80	500m:	6:08.59	1:15.16	900m:	11:16.12	1:17.30	1300m:	16:22.71	1:13.98
200m:	2:23.36	1:13.56	600m:	7:24.87	1:16.28	1000m:	12:33.56	1:17.44	1400m:	17:36.03	1:13.32
300m:	3:38.07	1:14.71	700m:	8:42.15	1:17.28	1100m:	13:51.50	1:17.94	1500m:	18:44.28	1:08.25
400m:	4:53.43	1:15.36	800m:	9:58.82	1:16.67	1200m:	15:08.73	1:17.23			

2.	Vasco Andrade, MEDEIROS	08	Clube Naval de Ponta Delgada	**19:59.97**	351

100m:	1:09.83	1:09.83	500m:	6:29.34	1:23.22	900m:	11:59.90	1:21.96	1300m:	17:24.11	1:19.95
200m:	2:26.49	1:16.66	600m:	7:51.80	1:22.46	1000m:	13:22.37	1:22.47	1400m:	18:43.64	1:19.53
300m:	3:45.20	1:18.71	700m:	9:14.83	1:23.03	1100m:	14:43.61	1:21.24	1500m:	19:59.97	1:16.33
400m:	5:06.12	1:20.92	800m:	10:37.94	1:23.11	1200m:	16:04.16	1:20.55			

3.	Afonso Almeida, PACHECO	09	Clube Desportivo Escolar de Ag	**22:57.37**	232

100m:	1:25.31	1:25.31	500m:	7:30.28	1:32.81	900m:	13:39.49	1:32.51	1300m:	19:53.94	1:31.94
200m:	2:54.62	1:29.31	600m:	9:01.38	1:31.10	1000m:	15:13.51	1:34.02	1400m:	21:26.72	1:32.78
300m:	4:26.52	1:31.90	700m:	10:34.49	1:33.11	1100m:	16:47.55	1:34.04	1500m:	22:57.37	1:30.65
400m:	5:57.47	1:30.95	800m:	12:06.98	1:32.49	1200m:	18:22.00	1:34.45			

Seniores

1.	Carlos Lopes, PEDROSA	94	Bombeiros de Ponta Delgada	**19:40.22**	369

100m:	1:08.56	1:08.56	500m:	6:05.82	1:17.51	900m:	11:30.93	1:23.07	1300m:	16:58.76	1:21.01
200m:	2:19.82	1:11.26	600m:	7:24.95	1:19.13	1000m:	12:53.65	1:22.72	1400m:	18:19.44	1:20.68
300m:	3:32.96	1:13.14	700m:	8:45.53	1:20.58	1100m:	14:15.67	1:22.02	1500m:	19:40.22	1:20.78
400m:	4:48.31	1:15.35	800m:	10:07.86	1:22.33	1200m:	15:37.75	1:22.08			

Prova 3 | Masc., 400m Estilos | Absoluto
15-11-2025 - 15:30 | Resultados

Pontos: AQUA 2025

Lugar		Ano		Tempo final	Pts

Infantis B

1.	Tomas Santos, PACHECO	13	Clube Desportivo Escolar de Ag	**6:51.80**	185
	50m: 48.93 48.93 150m: 2:36.74 50.65 250m: 4:22.92 56.03 350m: 6:09.44 46.58				
	100m: 1:46.09 57.16 200m: 3:26.89 50.15 300m: 5:22.86 59.94 400m: 6:51.80 42.36				
2.	Ivo Pacheco, LOPES	13	Bombeiros de Ponta Delgada	**7:05.81**	167
	50m: 52.05 52.05 150m: 2:45.97 54.60 250m: 4:38.64 1:01.06 350m: 6:23.44 45.67				
	100m: 1:51.37 59.32 200m: 3:37.58 51.61 300m: 5:37.77 59.13 400m: 7:05.81 42.37				
DSQ	Vicente Medeiros, CARDOSO	13	Bombeiros de Ponta Delgada		
	O atleta interrompeu o movmento contínuo dos braços antes da viragem dos 125m.				

Infantis A

1.	Joao Luz, FONSECA	12	Bombeiros de Ponta Delgada	**5:52.17**	296
	50m: 36.85 36.85 150m: 2:05.35 46.09 250m: 3:43.41 54.15 350m: 5:14.70 37.58				
	100m: 1:19.26 42.41 200m: 2:49.26 43.91 300m: 4:37.12 53.71 400m: 5:52.17 37.47				
2.	Miguel Ganhao, MOTA	12	Bombeiros de Ponta Delgada	**6:00.61**	276
	50m: 39.55 39.55 150m: 2:17.42 48.56 250m: 3:52.49 47.75 350m: 5:22.16 39.67				
	100m: 1:28.86 49.31 200m: 3:04.74 47.32 300m: 4:42.49 50.00 400m: 6:00.61 38.45				
3.	Francisco Leite, CARREIRO	12	Bombeiros de Ponta Delgada	**6:07.99**	259
	50m: 41.47 41.47 150m: 2:14.83 46.76 250m: 3:54.03 52.01 350m: 5:27.98 41.91				
	100m: 1:28.07 46.60 200m: 3:02.02 47.19 300m: 4:46.07 52.04 400m: 6:07.99 40.01				
4.	Miguel Sousa, CABRAL	12	Clube Naval de Ponta Delgada	**6:19.43**	237
	50m: 43.25 43.25 150m: 2:24.41 47.22 250m: 4:04.42 52.71 350m: 5:38.65 41.55				
	100m: 1:37.19 53.94 200m: 3:11.71 47.30 300m: 4:57.10 52.68 400m: 6:19.43 40.78				
5.	Julio Filipe, CABRAL	12	Bombeiros de Ponta Delgada	**6:31.46**	215
	50m: 43.72 43.72 150m: 2:27.86 49.89 250m: 4:12.25 55.79 350m: 5:51.13 43.24				
	100m: 1:37.97 54.25 200m: 3:16.46 48.60 300m: 5:07.89 55.64 400m: 6:31.46 40.33				
6.	Diogo Giesta, RAPOSO	12	Bombeiros de Ponta Delgada	**6:39.27**	203
	50m: 43.89 43.89 150m: 2:26.14 48.73 250m: 4:13.69 59.37 350m: 5:57.96 44.91				
	100m: 1:37.41 53.52 200m: 3:14.32 48.18 300m: 5:13.05 59.36 400m: 6:39.27 41.31				

Juvenis B

1.	Afonso Vultao, MIRANDA	11	Bombeiros de Ponta Delgada	**5:06.18**	451
	50m: 34.92 34.92 150m: 1:53.16 39.84 250m: 3:12.64 41.24 350m: 4:31.20 35.69				
	100m: 1:13.32 38.40 200m: 2:31.40 38.24 300m: 3:55.51 42.87 400m: 5:06.18 34.98				
2.	Afonso Cordeiro, VIVEIROS	11	Bombeiros de Ponta Delgada	**5:54.86**	289
	50m: 35.86 35.86 150m: 2:03.96 45.98 250m: 3:44.65 56.01 350m: 5:17.05 37.48				
	100m: 1:17.98 42.12 200m: 2:48.64 44.68 300m: 4:39.57 54.92 400m: 5:54.86 37.81				
3.	Ivo Lopes, MONTEIRO	11	Clube Naval de Ponta Delgada	**5:58.37**	281
	50m: 39.75 39.75 150m: 2:12.43 47.30 250m: 3:45.83 47.05 350m: 5:16.42 42.09				
	100m: 1:25.13 45.38 200m: 2:58.78 46.35 300m: 4:34.33 48.50 400m: 5:58.37 41.95				
4.	Pedro Maria, PIRES	11	Bombeiros de Ponta Delgada	**6:05.54**	265
	50m: 42.53 42.53 150m: 2:25.93 50.39 250m: 3:59.81 47.05 350m: 5:27.18 40.30				
	100m: 1:35.54 53.01 200m: 3:12.76 46.83 300m: 4:46.88 47.07 400m: 6:05.54 38.36				
5.	Gustavo Caetano, MEDEIROS	11	Clube Naval de Ponta Delgada	**6:33.97**	211
	50m: 45.46 45.46 150m: 2:31.06 49.27 250m: 4:11.13 52.91 350m: 5:49.93 44.41				
	100m: 1:41.79 56.33 200m: 3:18.22 47.16 300m: 5:05.52 54.39 400m: 6:33.97 44.04				

Prova 3, Masc., 400m Estilos, Juvenis B

Lugar		Ano		Tempo final	Pts
DSQ	Samuel Borba, TEIXEIRA	11	Bombeiros de Ponta Delgada		
	O atleta interrompeu o movmento contínuo dos braços antes da viragem dos 125m.				

Juvenis A

1.	Santiago Nicolau, CABRAL				10	Clube Desportivo Escolar de Ag						**5:27.97**	366
	50m:	32.78	32.78	150m:	1:56.52	43.60	250m:	3:25.74	45.44	350m:	4:50.88		38.34
	100m:	1:12.92	40.14	200m:	2:40.30	43.78	300m:	4:12.54	46.80	400m:	5:27.97		37.09
2.	Francisco Costa, FERREIRA				10	Clube Naval de Ponta Delgada						**5:30.37**	359
	50m:	33.48	33.48	150m:	1:57.43	41.58	250m:	3:27.59	48.97	350m:	4:54.77		38.04
	100m:	1:15.85	42.37	200m:	2:38.62	41.19	300m:	4:16.73	49.14	400m:	5:30.37		35.60

Seniores

1.	Carlos Lopes, PEDROSA				94	Bombeiros de Ponta Delgada						**5:08.63**	440
	50m:	29.71	29.71	150m:	1:45.56	41.22	250m:	3:10.28	43.35	350m:	4:32.58		38.14
	100m:	1:04.34	34.63	200m:	2:26.93	41.37	300m:	3:54.44	44.16	400m:	5:08.63		36.05

Prova 4 — Femin., 800m Livres — Absoluto
15-11-2025 - 16:00 — Resultados

Pontos: AQUA 2025

Lugar		Ano		Tempo final	Pts

Juniores

1.	Margarida Carreiro, SOUSA				08	Clube Desportivo Escolar de Ag						**10:34.12**	426
	100m:	1:16.99	1:16.99	300m:	3:56.51	1:19.59	500m:	6:39.22	1:21.44	700m:	9:18.72		1:18.39
	200m:	2:36.92	1:19.93	400m:	5:17.78	1:21.27	600m:	8:00.33	1:21.11	800m:	10:34.12		1:15.40
2.	Madalena Cardoso, SARAIVA				09	Clube Desportivo Escolar de Ag						**11:22.07**	342
	100m:	1:22.16	1:22.16	300m:	4:12.42	1:25.77	500m:	7:07.69	1:27.77	700m:	9:59.99		1:25.41
	200m:	2:46.65	1:24.49	400m:	5:39.92	1:27.50	600m:	8:34.58	1:26.89	800m:	11:22.07		1:22.08
3.	Patricia Arruda, LOPES				09	Clube Desportivo Escolar de Ag						**13:59.55**	183
	100m:	1:39.90	1:39.90	300m:	5:13.06	1:46.69	500m:	8:48.92	1:48.98	700m:	12:21.11		1:44.92
	200m:	3:26.37	1:46.47	400m:	6:59.94	1:46.88	600m:	10:36.19	1:47.27	800m:	13:59.55		1:38.44

Infantis B

1.	Matilde Almeida, PONTE				13	Clube Desportivo Escolar de Ag						**11:13.66**	355
	100m:	1:22.05	1:22.05	300m:	4:09.48	1:23.86	500m:	7:00.65	1:25.89	700m:	9:52.72		1:26.51
	200m:	2:45.62	1:23.57	400m:	5:34.76	1:25.28	600m:	8:26.21	1:25.56	800m:	11:13.66		1:20.94
2.	Lara Gil, DAMASCENO				13	Clube Desportivo Escolar de Ag						**11:26.37**	336
	100m:	1:20.60	1:20.60	300m:	4:11.98	1:27.32	500m:	7:05.81	1:27.37	700m:	10:00.45		1:27.36
	200m:	2:44.66	1:24.06	400m:	5:38.44	1:26.46	600m:	8:33.09	1:27.28	800m:	11:26.37		1:25.92
3.	Emilia Cabral, ARAUJO				13	Clube Desportivo Escolar de Ag						**12:00.35**	291
	100m:	1:25.47	1:25.47	300m:	4:27.29	1:31.26	500m:	7:31.64	1:32.01	700m:	10:34.50		1:31.61
	200m:	2:56.03	1:30.56	400m:	5:59.63	1:32.34	600m:	9:02.89	1:31.25	800m:	12:00.35		1:25.85
4.	Maria Costa, COUTO				13	Clube Desportivo Escolar de Ag						**12:16.18**	272
	100m:	1:26.62	1:26.62	300m:	4:32.55	1:33.53	500m:	7:39.21	1:32.98	700m:	10:46.41		1:33.76
	200m:	2:59.02	1:32.40	400m:	6:06.23	1:33.68	600m:	9:12.65	1:33.44	800m:	12:16.18		1:29.77
5.	Mafalda Cardoso, SARAIVA				13	Clube Desportivo Escolar de Ag						**13:06.33**	223
	100m:	1:35.02	1:35.02	300m:	4:55.88	1:40.08	500m:	8:16.28	1:39.78	700m:	11:33.58		1:38.38
	200m:	3:15.80	1:40.78	400m:	6:36.50	1:40.62	600m:	9:55.20	1:38.92	800m:	13:06.33		1:32.75

Prova 4, Femin., 800m Livres, Infantis B

Lugar		Ano		Tempo final	Pts
DSQ	Lucia Berlo, MEDEIROS *Falsa partida.*	13	Clube Desportivo Escolar de Ag	**14:02.90**	

100m:	1:40.52	1:40.52	300m:	5:14.36	1:48.69	500m:	8:49.37	1:47.88	700m:	12:25.27	1:47.97
200m:	3:25.67	1:45.15	400m:	7:01.49	1:47.13	600m:	10:37.30	1:47.93	800m:	14:02.90	1:37.63

Infantis A

					Tempo final	Pts
1.	Maria Francisca, SILVA	12	Bombeiros de Ponta Delgada		**10:53.48**	389

100m:	1:18.01	1:18.01	300m:	4:03.11	1:22.82	500m:	6:49.93	1:23.60	700m:	9:34.62	1:22.83
200m:	2:40.29	1:22.28	400m:	5:26.33	1:23.22	600m:	8:11.79	1:21.86	800m:	10:53.48	1:18.86

2.	Mariana Almeida, PONTE	12	Clube Desportivo Escolar de Ag		**11:20.08**	345					
100m:	1:23.20	1:23.20	300m:	4:16.54	1:27.59	500m:	7:10.12	1:29.71	700m:	10:01.37	1:23.12
200m:	2:48.95	1:25.75	400m:	5:40.41	1:23.87	600m:	8:38.25	1:28.13	800m:	11:20.08	1:18.71

3.	Rita Quadros, SOUSA	12	Bombeiros de Ponta Delgada		**12:17.70**	271					
100m:	1:30.40	1:30.40	300m:	4:39.24	1:35.08	500m:	7:46.62	1:33.34	700m:	10:49.54	1:30.38
200m:	3:04.16	1:33.76	400m:	6:13.28	1:34.04	600m:	9:19.16	1:32.54	800m:	12:17.70	1:28.16

4.	Beatriz Mare, GARCIA	12	Clube Naval de Ponta Delgada		**12:19.36**	269					
100m:	1:30.65	1:30.65	300m:	4:40.51	1:34.11	500m:	7:48.89	1:34.07	700m:	10:52.10	1:31.67
200m:	3:06.40	1:35.75	400m:	6:14.82	1:34.31	600m:	9:20.43	1:31.54	800m:	12:19.36	1:27.26

5.	Sara Maria, SOUSA	12	Clube Naval de Ponta Delgada		**14:09.44**	177					
100m:	1:42.24	1:42.24	300m:	5:19.66	1:49.25	500m:	8:57.76	1:48.54	700m:	12:33.05	1:47.28
200m:	3:30.41	1:48.17	400m:	7:09.22	1:49.56	600m:	10:45.77	1:48.01	800m:	14:09.44	1:36.39

6.	Sofiia, ZELENSKA	12	Clube Desportivo Escolar de Ag		**14:11.41**	176					
100m:	1:42.17	1:42.17	300m:	5:19.60	1:48.53	500m:	8:58.18	1:49.03	700m:	12:32.89	1:47.26
200m:	3:31.07	1:48.90	400m:	7:09.15	1:49.55	600m:	10:45.63	1:47.45	800m:	14:11.41	1:38.52

7.	Sofia Luz, FONSECA	12	Bombeiros de Ponta Delgada		**14:37.10**	161					
100m:	1:43.26	1:43.26	300m:	5:24.85	1:50.14	500m:	9:05.17	1:51.94	700m:	12:47.36	1:52.40
200m:	3:34.71	1:51.45	400m:	7:13.23	1:48.38	600m:	10:54.96	1:49.79	800m:	14:37.10	1:49.74

8.	Francisca Sousa, FONSECA	12	Clube Desportivo Escolar de Ag		**15:30.31**	135					
100m:	1:50.36	1:50.36	300m:	5:40.80	1:56.11	500m:	9:41.04	2:01.77	700m:	13:36.83	1:58.23
200m:	3:44.69	1:54.33	400m:	7:39.27	1:58.47	600m:	11:38.60	1:57.56	800m:	15:30.31	1:53.48

Juvenis B

					Tempo final	Pts
1.	Isabel Lourenco, SILVA	11	Bombeiros de Ponta Delgada		**10:49.41**	397

100m:	1:17.19	1:17.19	300m:	4:00.90	1:22.01	500m:	6:45.33	1:22.15	700m:	9:30.37	1:22.61
200m:	2:38.89	1:21.70	400m:	5:23.18	1:22.28	600m:	8:07.76	1:22.43	800m:	10:49.41	1:19.04

2.	Filipa Pinheiro, AZEVEDO	11	Clube Naval de Ponta Delgada		**12:23.14**	265					
100m:	1:27.92	1:27.92	300m:	4:37.17	1:35.29	500m:	7:45.44	1:33.23	700m:	10:52.33	1:33.24
200m:	3:01.88	1:33.96	400m:	6:12.21	1:35.04	600m:	9:19.09	1:33.65	800m:	12:23.14	1:30.81

3.	Mariana Ferreira, RICO	11	Clube Naval de Ponta Delgada		**12:37.97**	249					
100m:	1:31.81	1:31.81	300m:	4:42.61	1:35.30	500m:	7:56.32	1:37.39	700m:	11:08.55	1:35.72
200m:	3:07.31	1:35.50	400m:	6:18.93	1:36.32	600m:	9:32.83	1:36.51	800m:	12:37.97	1:29.42

Juvenis A

					Tempo final	Pts
1.	Julia Medeiros, REGO	10	Clube Desportivo Escolar de Ag		**12:15.96**	272

100m:	1:25.48	1:25.48	300m:	4:30.27	1:33.09	500m:	7:41.17	1:34.27	700m:	10:48.11	1:31.43
200m:	2:57.18	1:31.70	400m:	6:06.90	1:36.63	600m:	9:16.68	1:35.51	800m:	12:15.96	1:27.85

2.	Mariana Vieira, PONTES	10	Clube Naval de Ponta Delgada		**14:01.36**	182					
100m:	1:37.07	1:37.07	300m:	5:07.15	1:46.49	500m:	8:38.68	1:46.18	700m:	12:15.64	1:49.36
200m:	3:20.66	1:43.59	400m:	6:52.50	1:45.35	600m:	10:26.28	1:47.60	800m:	14:01.36	1:45.72

Prova 4, Femin., 800m Livres

Seniores

1.	Margaret Veronica, JARA			95	Clube Desportivo Escolar de Ag								**10:40.91**	413
	100m:	1:17.60	1:17.60	300m:	4:01.73	1:22.37	500m:	6:42.50	1:19.80	700m:	9:22.73	1:19.91		
	200m:	2:39.36	1:21.76	400m:	5:22.70	1:20.97	600m:	8:02.82	1:20.32	800m:	10:40.91	1:18.18		
2.	Ana Marta, RESENDES			80	Clube Desportivo Escolar de Ag								**11:21.36**	344
	100m:	1:18.68	1:18.68	300m:	4:08.02	1:26.02	500m:	7:02.09	1:27.11	700m:	9:55.92	1:26.51		
	200m:	2:42.00	1:23.32	400m:	5:34.98	1:26.96	600m:	8:29.41	1:27.32	800m:	11:21.36	1:25.44		
3.	Maria Luz, PARAMIO			76	Clube Naval de Ponta Delgada								**12:12.19**	277
	100m:	1:26.72	1:26.72	300m:	4:29.65	1:32.09	500m:	7:35.00	1:33.09	700m:	10:41.25	1:33.38		
	200m:	2:57.56	1:30.84	400m:	6:01.91	1:32.26	600m:	9:07.87	1:32.87	800m:	12:12.19	1:30.94		