



Tabela de Mínimos para o Campeonato Regional de Categorias 2024

Masculinos							Femininos					
Sén.	Jun.	Juv.A	Juv. B	Inf. A	Inf B		Inf B	Inf A	Juv B	Juv A	Jun	Sén.
2005 e + velhos	2006 e 2007	2008	2009	2010	2011		2012	2011	2010	2009	2008 e 2007	2006 e + velhas
00:27.8	00:28.8	00:28.8	00:28.8			50L			00:33,0	00:33,0	00:33,0	00:32,0
00:59,5	01:02,0	01:04,0	01:08,5	01:14,0	01:18,0	100L	01:22,5	01:18,0	01:16,0	01:14,0	01:12,5	01:10,0
02:19,0	02:21,0	02:26,0	02:36,0	02:49,0	03:08,0	200L	03:16,0	02:57,0	02:52,5	02:48,0	02:40,0	02:36,0
04:50,0	04:55,0	05:10,0	05:30,0	05:52,0	06:08,0	400L	06:38,0	06:16,0	06:00,0	545,0	05:35,0	05:25,0
09:47,5	10:07,0	10:50,3	11:24,7	12:00,3	13:05,3	800L	14:08,0	12:48,0	12:00,0	11:46,0	11:30,0	1.105,00
20:20,0	20:50,0	21:50,0	23:00,0	25:30,0	26:50,0	1500L	27:05,0	25:45,0	23:15,0	22:38,8	21:21,0	20:44,0
00:33.5	00:35,0	00:35,0	00:35,0			50C			00:39,0	00:39,0	00:39,0	00:37,5
01:14,0	01:17,0	01:20,0	01:24,0	01:30,0	01:36,0	100C	01:39,0	01:33,5	01:31,0	01:29,0	01:25.9	01:23,0
02:48,0	02:51,0	02:58,0	03:08,0	03:19,0	03:32,0	200C	03:38,0	03:23,0	03:15,5	03:08,0	03:00,0	02:53,0
00:36,0	00:37,0	00:37,0	00:37,0			50B			00:42.5	00:42.5	00:42.5	00:41.5
01:20,0	01:23,0	01:26,0	01:30,0	01:36,0	01:42,0	100B	01:45,0	01:39,5	01:37,0	01:34,5	01:31,5	01:29,0
03:02,0	305,0	310,0	03:20,0	03:30,0	03:40,0	200B	03:47,0	03:37,0	03:32,0	03:27,0	03:22,0	03:19,0
00:32,5	00:34,0	00:34,0	00:34,0			50M			00:37.5	00:37.5	00:37.5	00:36,0
01:12,0	01:15,0	01:20,0	01:25,0	01:32,0	01:38,0	100M	01:40,0	01:34,0	01:31,5	01:29,0	01:25,0	01:22,0
02:46,0	02:50,0	02:58,0	0:03.15	03:28,0	03:40,0	200M	03:50,0	03:35,0	03:31,0	03:27,0	03:20,0	03:12,0
01:11,3	01:13,6	01:18,0	01:25,0	01:35,0	01:45,0	100E	01:50,0	01:40,0	01:35,5	01:27,3	01:23,8	01:21,2
02:43,0	02:50,0	02:55,0	03:03,0	03:19,0	03:32,0	200E	03:45,0	03:35,0	03:25,0	03:15,0	03:05,0	03:00,0
05:35,0	05:52,0	06:10,0	06:33,0	07:00,0	07:30,0	400E	07:37,0	07:10,0	06:57,0	06:47,0	06:30,0	06:14,0